

High School Summer Volleyball Camps

(Students Entering Grades 9 - 12)



**Camp 1 (Skills Camp): June 4th, 6th, 8th, 11th, 13th, 15th
10 till noon each morning**

- Passing
- Serving
- Setting
- Hitting



Camp 2 (Team Camp): July 9th - July 13th (10 AM - 12)

The team camp will focus on playing the game, learning positions, and learning rotation. We want to get the girls playing at the highest level possible to prepare for the season. Here, we will introduce new drills and a variety of games to build our teams.

Instructors: Nick Theis and Jessica Rush and Janae Ronning

Location: Bishop Ryan 316 11th Ave NW Minot, ND 58703

-----**KEEP THE TOP**-----

Please mail in below as each athlete will get a T-Shirt

Athletes Name: _____

Address: _____

Email Address: _____ Phone Number: _____

Grade in Fall 2018: _____ T-Shirt Size: _____

Please Check which Option your Athlete will be Attending:

Camp 1 (\$50) _____ Camp 2 (\$50) _____ Both Camps (\$80) _____

Please Mail to:

Bishop Ryan 316 11th Ave NW Minot, ND 58703 Attn: HS Volleyball

(Make Checks Payable to BRCS)