

Jr High Summer Volleyball Camps

(Students Entering Grades 6 - 8)



Camp 1 (Skills Camp): June 18th - June 21st (10 AM - 12)

- Passing
- Serving
- Setting
- Hitting



Camp 2 (Team Camp): June 25th - June 28th (10 AM - 12)

The team camp will focus on playing the game, learning positions, and learning rotation. We want to get the girls playing at the highest level possible to prepare them for high school volleyball.

Instructors: Nick Theis and Janae Ronning

Location: Bishop Ryan 316 11th Ave NW Minot, ND 58703

Camp 1 will be in the Activities Center

Camp 2 will be in the Old Gym

-----**KEEP THE TOP**-----

Please mail in below as each athlete will get a T-Shirt

Athletes Name: _____

Address: _____

Email Address: _____ Phone Number: _____

Grade in Fall 2018: _____ T-Shirt Size: _____

Please Check which Option your Athlete will be Attending:

Camp 1 (\$50) _____ Camp 2 (\$50) _____ Both Camps (\$80) _____

Please Mail to:

Bishop Ryan 316 11th Ave NW Minot, ND 58703 Attn: JR High Volleyball

(Make Checks Payable to BRCS)